



Lincoln Jr. Zebras
Sierra Athletic Conference (SAC Football & Cheer)
2024 Medical Examination Form

Medical Clearance Form

The completed physical must be for this Calendar Year and dated after April 15th 2024

Childs Name: _____ Age: _____

Date of Birth: _____

Known Food or Drug Allergies:

Known Disabilities or Medical Conditions:

Physician's Statement of Health:

(Must be completed by a medical doctor)

I certify that I have examined

And have found no gross evidence of any abnormality that will keep him/her from participating in the Lincoln Jr. Zebras youth tackle football and/or Cheer program.

Physician's Name:

Address:

Phone:

Signature: _____

Date: _____

Physician's Stamp

REQUIRED

